



## ~ SPIRIT ~

*Monthly notes and inspiration from Louisiana Spiritual Directors, Inc.*  
May 2014

### **Lectio Divina: Heart to Heart - Listening and Living with God**

The ancient practice of praying the Scriptures is being rediscovered and renewed in our time. Known as Lectio Divina (Divine Reading), it is one of the great treasures of the Christian tradition of prayer. *Spirituality and Practice* is offering a 25-day e-course which will explore this practice of sacred listening, moving the participant through the four senses of Scripture – the literal, the allegorical, the moral/behavioral and the unitive – and eventually exploring how the practice of Lectio Divina can be applied to a deep listening to the Spirit of God present in all of our lives.

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### **READER'S CORNER**

Julian of Norwich was a medieval mystic who spent a large part of her



anchoress. Her most famous work is *Revelations of Divine Love* where she shared her mystical visions and her distinctive understanding of God. Mary C. Earle, an Episcopal priest, retreat leader, and spiritual director, serves as editor of this edition in the Skylight Illuminations Series. Earle gives us fresh insights into Julian's mystical path where she states that the universe lasts because God loves it into being and sustains it in love.



## QUOTE TO PONDER

"You bless us with departures-- for they are a necessary part of our journey, necessary for arriving. May I be always ready to take leave, always aware that every arrival is a prelude to departure, every birth a step toward dying, and may I thus taste the blessing of being fully present where I am."

- Brother David Steindl-Rast in *99 Blessings: An Invitation to Life*



It's not too late to register for our 2014 Annual Louisiana Spiritual Directors conference which will be held on July 18-19-20 at the newly renovated Jesuit Spirituality Center in Grand Coteau. Our speaker for the weekend will be Father Mark Thibodeaux. His theme for the weekend will be "The Ignatian Discernment of Spirits in the Practice of Spiritual Direction". Click on the icon below for the registration form and agenda. We look forward to seeing you there! Bring a new member with you!



Comments? Questions? Suggestions for future articles?



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