



~ SPIRIT ~

Monthly notes and inspiration from Louisiana Spiritual Directors, Inc.
October 2014



Your Louisiana Spiritual Directors Board has been busy lining up a great conference for 2015. We are so excited to be having as our speaker....

**The Medicine of Deep Listening: a Retreat for
Spiritual Directors**

facilitated by Sister Macrina Wiederkehr

May 22-23-24, 2015

**Louisiana Spiritual Directors Annual Conference
The Wesley Center in Woodworth, Louisiana**

Our spiritual life is a treasure needing constant renewal and care. We cannot minister to others without replenishing our own spirits. This

*retreat is an invitation to honor your soul's need for reflection. Learn to pause for the medicine of deep listening. Attend to the breath of God in your deep soul. Learn to abide. Sister Macrina will explore with you ways of being attentive to your spiritual needs through the art of bending, mending and tending. We will search for ways to live contemplatively right in the midst of the busyness of daily life. You will become a pilgrim of the hours. Themes will be drawn from her book, *Seven Sacred Pauses: honoring the hours of the day as well as Abide and The Song of the Seed.**

Macrina is a popular retreat guide and author. She lives with the monastic community of St. Scholastica in Fort Smith, Arkansas. She is the best-selling author of *A Tree Full of Angels*, *Seasons of Your Heart*, *The Song of the Seed*, *Gold in your Memories*, *Behold Your Life*, *Seven Sacred Pauses* and *The Circle of Life*, which she co-authored with Joyce Rupp.

Mark your calendars! Registration for the conference will be available by November 1st via a form on our web site, or contact any Board member to mail a registration form to you.



READER'S CORNER

***Sacred Fire: A Vision
for a Deeper
Humanity and
Christian Maturity,***
by Ronald Rolheiser.

In 1999, Oblate Fr.
Ronald Rolheiser
published *The Holy
Longing: The Search*



SOMETHING TO PONDER . . .

*The fulcrum of
transformation
is not found in the
formulas of liturgy,*



TAKE NOTE

Free downloads
available from
**Spiritual Directors
International:** The
[Spiritual Directors
International website](#)

Spirituality. Book reviewer Dana Greene tells us about its sequel, *Sacred Fire*. The book's subtitle reveals the author's aim: to propose a vision for a deeper human and Christian maturity. In clear and accessible language, Rolheiser examines life's journey as revealed both by the human sciences and Scripture and the rich Christian tradition.



but in prayer that releases our hearts' desire— yearning to be made new.

It is this readiness to surrender— listening and letting go, waking up and looking out, wondering, waiting and wailing— that sways the balance of power in our lives.

For what is the point of praying for things to change, if we are not open and ready to being turned inside out?

- Joe Grant
JustFaith Ministries

information and resources for Spiritual Directors. One example is the availability of [free downloads](#) for use by individuals or groups. The site currently offers two such downloads: 1) "Prayer for Openness" By Joyce Rupp, OSM. and 2) "Three Chairs" by Charlie Hartwell and Tim Frantzich from Minneapolis, Minnesota, who created a chant to help communicate the value of spiritual direction, using the image of three chairs. Check them out!



Comments? Questions? Suggestions for future articles?
Want information on membership?



<http://www.louisianaspiritualdirectors.org/>