



~ SPIRIT ~

Monthly notes and inspiration from Louisiana Spiritual Directors, Inc.

February 2016



2016 ANNUAL LASD CONFERENCE A GREAT SUCCESS!!!

It is with great excitement and gratitude that we wish to report that our Annual Conference held during the weekend on February 12-14 was a wonderful experience for all who attended! Fr. William Barry, S.J., did not disappoint our attendees as he aptly presented the theme of, "God Wants Our Friendship". Through the presentation of case studies and sharing his own rich personal and professional experiences throughout his amazing life, he successfully wove the message of how we as spiritual directors can lovingly walk with our own directees in helping them to build a healthy, personal relationship with God.



The conference was well-attended, with over forty spiritual directors from across the state gathering in a beautiful space at the Wesley Conference Center in Woodworth. The setting provided an environment which helped to facilitate wonderful and engaging talks, small and large group discussion, time for quiet personal reflection, and



spirit-filled corporate liturgies.

A new Board of Directors and set of officers were also voted in during the conference. More information to come!



**MIND/BODY/SPIRIT
RETREATS FOR YOUNG WOMEN
OPEN MY HEART, LORD
June 3-5, 2016**

A two-night silent retreat for young adult women, early 20's to mid-40's.

**Jesuit Spirituality Center
Grand Coteau, Louisiana**

Friday, June 3rd @ 5:00 PM to Sunday June 5th @ 1:00 PM

Contact: Yvonne Hymel yhymel09@gmail.com

Registration and more information:

www.retreatsforyoungwomen.com

www.facebook.com/retreatsforyoungwomen

www.jesuitspiritualitycenter.org



**JESUIT SPIRITUALITY CENTER OFFERS DISCOUNTS TO
LASD MEMBERS**

The Jesuit Spirituality Center in Grand Coteau has offered to DISCOUNT the five-day directed retreat for LASD members for the remainder of 2016. The regular price of \$375 will be discounted to \$300. This is to introduce the Center to any of us who have not been on retreat there and to thank those of us who not only work hard in the ministry, but also send our directees on retreat to the Center. For more information, contact the Center at 337-662-5251, 337-662-5251.



READER'S CORNER

Simply Open A Guide to Experiencing God in the Everyday

By [Greg Paul](#)

Greg Paul is a pastor and member of Sanctuary (Toronto), a community in which the wealthy and the poor share their resources daily and care for the most hurting and excluded people in the city. After dedicating this book to "all the soul-hungry strivers, the white-knucklers, the duty-bound and the driven, who, like me, long to let go and open wide to a new world of grace," the author shares a lyrical overview of "the path to openness."

Paul's "A Prayer for Openness" gets us out of the harbor, followed by chapters on eyes, ears, nostrils, mouth, hands, mind, and heart. He calls this contemplative journey one designed to be more open to God, ourselves, others, and the world we live in. Through the cycle of releasing, receiving, becoming, and doing, we draw closer to the Spirit who makes this journey possible. Paul ends where he began with reverence for the mysteries of God and the human adventure.



SOMETHING TO PONDER . . .

The true self is all the colors of the rainbow and must expand to experience the whole of one's being. One is not limited to one or two colors. One need not reject any color, but is to become all of them. The more colors one manifests, the more one manifests the Light that we are and the Light that we share. Ladders and stages suggest leaving behind the previous rung or stage. One rather adds new dimensions to what one is, like a tree adds rings...

- Thomas Keating

TAKE NOTE

SDI Webinar: Mercy Matters

Date: March 15, 2016

Why does mercy matter today? What is our role as spiritual directors in helping others receive and offer mercy? Mercy is a virtue that counters widely held beliefs, which place value on getting ahead at any cost, earning our worth, and striving for power. Showing mercy is often viewed as being weak. Yet the world is in desperate need of the transformative power of mercy.

This webinar will unpack what mercy means and why it matters. In addition, it will look at the unique role a spiritual director has helping others increase their capacity for mercy.



Comments? Questions? Suggestions for future articles?
Want information on membership?



Louisiana Spiritual Directors, Inc. (LASD) is an association of trained Spiritual Directors formed to promote continuing education, fellowship and information for Spiritual Directors within Louisiana.

Follow Us

