



~ SPIRIT ~

Monthly notes and inspiration from Louisiana Spiritual Directors, Inc.

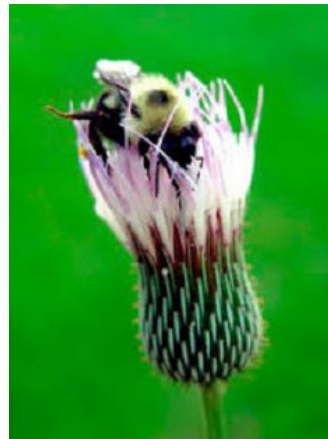
July 2017

ANAHATA

Listen with presence
like the fingers of a cellist
listen to the strings

Like the moon listens to the sun
like a bee listens to the fuchsia
bell
and loses himself in the whorl

Like the mind listens to the heart
tastes the sound of bliss
and meets the Self again.:
O'Brian



2017-2018 Membership Year

As our new fiscal year begins on July 1, so does our 2017-2018 membership year. Our board members should soon be contacting you about renewing your membership. If you know of any trained spiritual directors who are currently not members of our association, please feel free to forward this newsletter to them and encourage them to join. We

look forward to another year of
fruitful journey together?

UPCOMING RETREATS AND WORKSHOPS

New Orleans Archdiocesan Spirituality Center
2501 Maine Ave.
Metairie, LA 70003

Can Dreams Enhance Spiritual Growth: (open to general public)
Friday, October 6, 2017, 7:00-9:00pm

Finding the Gift of the Shadow: Accepting and Embracing Your Unloved Side

(continuing education for spiritual directors)
Saturday, October 7, 2017, 9:00am - 4:00pm

Both sessions presented by Sr. Janice Bachman, OP

Please register by calling (504) 861-3254 or email archspirctr@arch-no.org

Mature Masculinity
A Weekend Retreat with Jim Clarke
Challenges Facing Every Man in Today's World
Feliciana Retreat Center
10274 Louisiana 422
Norwood, La, 70761

October 6-8, 2017

[Register now at this link](#)



READERS'S CORNER

Becoming Curious
A Spiritual Practice of Asking Questions

by Casey Tygrett
Intervarsity Press, 2017

A little curiosity is essential to growth. In this engaging and interactive book, pastor and spiritual director Casey Tygrett explores the benefits of a healthy curiosity in our spiritual lives. When we make curiosity a spiritual practice, we open up to new ways of knowing God and knowing ourselves as well. Come and discover the power of asking questions.



SOMETHING TO PONDER...

"The essence of a mature human being in religious terms is the ability to see, to be aware of others' suffering and to be touched by it."

Megan McKenna

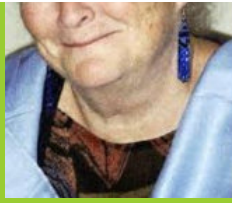
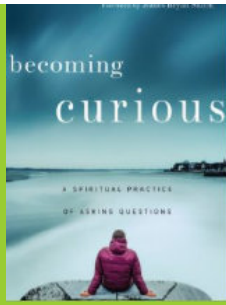


TAKE NOTE

Spirituality and Practice E-Course

Letting Go - 2017
By Frederic and Mary Ann Brussat
Sunday, August 06 - Saturday, August 26

It takes practice to change our habitual ways and to go against the conventional assumptions of society. Recovery programs say that it takes three weeks to break a habit or establish a new practice. So this



program consists of 21 daily emails with nuggets of spiritual wisdom and related exercises to help you practice letting go. You will also have an opportunity to share your letting go stories and get support in the online Practice Circle.



Keeping your membership current...

Let's not forget that our membership status is concurrent with the fiscal year which runs from July 1 - June 30. To access a membership form, please click on [this link](#). If you have any questions, please contact [Elsa Mendoza](#).

Comments? Questions? Suggestions for future articles?
Want information on membership?



Louisiana Spiritual Directors, Inc. (LASD) is an association of trained Spiritual Directors formed to promote continuing education, fellowship and information for Spiritual Directors within Louisiana.

➡ Follow Us



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