



## ~ SPIRIT ~

*Monthly notes and inspiration from Louisiana Spiritual Directors, Inc.*

### October 2017

#### **Divine Mother**

Given to me in quiet,  
 you appeared and have transformed as I transform.  
 You, a distinct being, so perfect for me.  
 I wouldn't know what to ask for.  
 The One knew and gave me what I needed and for more.  
 You come to me at the water's edge;  
 you sit on a rock and wait and watch me.

~ Dawn Cogger



### CONGRATULATIONS, GRADUATES!

In August, 2017 thirteen women and men completed their formation program for the ministry of Spiritual Direction through the Archdiocesan Spirituality Center. The two year intensive program includes class input, readings, role playing, writing verbatims and directing two retreats with supervision. One group celebrated their graduation at the Archdiocesan Spirituality Center in New Orleans. The other group celebrated their graduation at the Jesuit Spirituality Center in Grand Coteau, Louisiana. Graduates will serve as Spiritual Directors in the Archdiocese of New Orleans, Baton Rouge Diocese, Lafayette Diocese, Shreveport Diocese and the Diocese of Memphis in Jackson, Tennessee. The Instructors for the program were Sr. Noel Toomey OP and Sr. Dorothy Trosclair OP in the Archdiocese of New Orleans and Grand Coteau. Fr. Anthony Ostini SJ, director of the Jesuit Spirituality Program joined them as instructor in Grand Coteau.

Sr. Noel Toomey was the Director of the Archdiocesan Spirituality Center from 1982 - 2010. Currently Sr. Dorothy Trosclair serves as the Director of the Spirituality Center. Sr. Jeanne Moore will join Sr. Dorothy as instructor of the Formation Program for Spiritual Directors.

#### **Grand Coteau Location Graduates**

Back Row: l-r, Nancy Dumas, Sr. Noel Toomey, OP, Susan Reiser Tousignant, Fr. Tony Ostini, SJ, Brenda A. Lites, Henriette Guilliot  
 Middle Row: Sr. Dorothy Trosclair, OP, Marie Rinaudo  
 Kneeling: Mike Van Vranken



#### **New Orleans Location Graduates**

Back row: Deacon Peter Miranda, Deacon Jim Moss  
 l-r Sr. Jeanne Moore, OP, Sr. Dorothy Trosclair, OP, Faye Coopender, Amm LaBauve, Barbara Fleischer, Joan Bordelon, Sr. Noel Toomey, OP

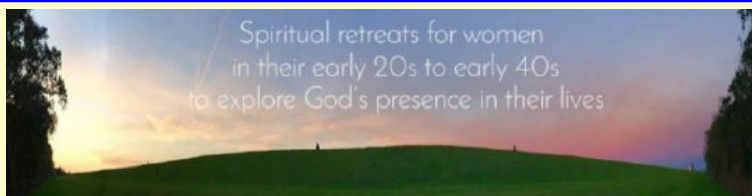


## UPCOMING RETREATS AND WORKSHOPS

**Busy Person Retreat**  
(2 consecutively scheduled days)  
St. Joseph Spirituality Center  
2980 Kleinert Avenue  
Baton Rouge, La, 70806

October 30 - November 3, 2017 **-OR-** February 19-23, 2018

[Register now at this link](#)



### Mind/Body/Spirit Retreat for Young Women

**Retreats for Young Women** is again offering a weekend silent retreat for young adult women, early 20's to early 40's. *In God's Image*, focuses on God's imprint on our souls and how we reflect that image. Your facilitators will guide you to notice and encounter God in the stillness and silence, in music, art, nature, story, guided meditation, Scripture, body prayer and group interaction. Be restored in mind, body and spirit and leave marked with love.

**When: Friday, November 3, 5:00 PM to Sunday, November 5, 1:00 PM (Sunday Mass included)**

**Where: The Archdiocese of New Orleans Rereat Center Dedicated to Our Lady of the Cenacle. (5500 St. Mary St., Metairie, LA)**

**Cost: \$200 before October 20, \$225 after October 20** (Financial need should not keep you from attending; apply for partial scholarship by filling out the "Contact Us" form on website.

Please visit [www.retreatsforyoungwomen.org](http://www.retreatsforyoungwomen.org) for more information and/or to register

Facebook page: [www.facebook.com/retreatsforyoungwomen](https://www.facebook.com/retreatsforyoungwomen)

**Introduction to the Directed Retreat**  
St. Charles Center  
Diocese of Lake Charles  
2151 Sam Houston Jones Parkway  
Lake Charles, La, 70611

Fr. Whitney Miller, Fr. Marshall Boulet, Judy Savoie, and Gloria Villeages Presenters

November 9-12, 2017

[Register now at this link](#)

**The Enneagram in the Ministry of Spiritual Direction**  
(for Trained Spiritual Directors)  
New Orleans Archdiocesan Spirituality Center  
2501 Maine Avenue  
Metairie, LA 70003

Sr. Lucy Silvio, CSJ, Presneter

November 18, 2018, 9:30 AM - 4:00 PM

The Enneagram is a dynamic system of nine personality types, which can be an invaluable guide in one's journey toward self-understanding and self-development. In this workshop, participants will be given a basic understanding of the Enneagram and they will be guided in self-discovery of what their types mean for personal well-being and for maximizing spiritual strengths. The focus of this workshop will be the Enneagram as a source in the ministry of spiritual direction -- those engaged as directors and as directees.

Cost: \$50 (Adjustment can be made). Lunch will be provided.  
To register email: [archspirctr@arch-no.org](mailto:archspirctr@arch-no.org) or telephone (504) 861-3254

**The Little Way:**  
**A Journey Along St. Theresa's Path of Confidence and Love**  
Jesuit Spirituality Center  
Grand Coteau, Louisiana

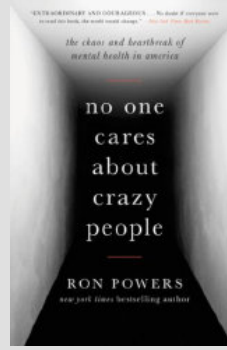
Robin Hebert, Presenter

Thursday, January 18 - Sunday, January 21, 2018

[Register now at this link](#)

### LASD Member in Print

Our LASD membership roster is filled with people of great talents. One of these is Emilie Griffin, whose review of the book, [No One Cares About Crazy People: The Chaos and Heartbreak of Mental Health in America](#), was recently published in *America* magazine. This thoughtful and thorough review can be found at this [link](#). Congrats, Emilie! We're proud of you!

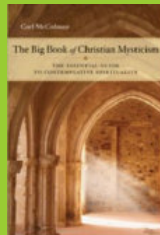


### READERS'S CORNER

#### ***The Big Book of Christian Mysticism: The Essential Guide to Contemplative Spirituality***

by Carl McColman  
Charlottesville, VA: Hampton Roads Publishing, 2010

In popular usage, "mysticism" typically refers to New Age or Eastern forms of spirituality. However, the mystical tradition is also an important component of the Christian tradition. At its heart - and much like its expression in other faith traditions -- Christian mysticism is an ancient tradition that incorporates meditation, contemplation, worship, philosophy, the quest for personal enlightenment, and the experience of Divine presence. [Read more...](#)



### SOMETHING TO PONDER...

*In the stillness of your presence, you can feel your own formless and timeless reality as the unmanifested life that animates your physical form. You can then feel the same life deep within every other human and every other creature. You look beyond the veil of form and separation. This is the realization of oneness. This is love.*

Eckhart Tolle



### TAKE NOTE

**A Free subscription awaits you, your friends, and colleagues at [www.sdiworld.org](http://www.sdiworld.org)**

- \* Do you have a sense of something bigger, something just beyond?
- \* Are you wondering how to listen to the spirit of your life unfolding?

*Listen* is a simple, inviting, contemplative resource that will help you explore basic spiritual questions and quests. It is published four times a year and includes guidance, inspiration, poetry, retreat ideas, and spiritual book reviews.

*Listen* is a FREE GIFT, offered to you by Spiritual Directors International. To download a sample copy, go to [www.sdiworld.org](http://www.sdiworld.org). For a free subscription to the print edition, go to [www.sdiworld.org](http://www.sdiworld.org), and tell SDI where to mail *Listen*.



### Keeping your membership current...

Let's not forget that our membership status is concurrent with the fiscal year which runs from July 1 - June 30. To access a membership form, please click on [this link](#). If you have any questions, please contact [Elsa Mendoza](#).

Comments? Questions? Suggestions for future articles?  
Want information on membership?



**Louisiana Spiritual Directors, Inc. (LASD)** is an association of trained Spiritual Directors formed to promote continuing education, fellowship and information for Spiritual Directors within Louisiana.

Follow Us



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